**A blue house with a heart and a yellow heart

Description automatically generated Kensey care Services**

Welcome to our Newsletter April 2024

**A close up of flowers

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## ***April 1st April fools day !***

## **Origins of April Fools' Day**

Some historians speculate that April Fools' Day dates back to 1582, when France switched from the Julian calendar to the [Gregorian calendar](https://www.history.com/news/6-things-you-may-not-know-about-the-gregorian-calendar), as called for by the Council of Trent in 1563. In the Julian Calendar, as in the Hindu calendar, the new year began with the [spring equinox](https://www.history.com/topics/natural-disasters-and-environment/vernal-spring-equinox) around April 1.

## People who were slow to get the news or failed to recognize that the start of the new year had moved to January 1 and continued to celebrate it during the last week of March through April 1 became the butt of jokes and hoaxes and were called “April fools.” These pranks included having paper fish placed on their backs and being referred to as “poisson d’avril” (April fish), said to symbolize a young, easily caught fish and a gullible **Hilaria in Ancient Rome**

Historians have also linked April Fools' Day to festivals such as Hilaria (Latin for *joyful*), which was celebrated in [ancient Rome](https://www.history.com/topics/ancient-history/ancient-rome) at the end of March by followers of the cult of Cybele. It involved people dressing up in disguises and mocking fellow citizens and even magistrates and was said to be inspired by the Egyptian legend of Isis, Osiris and Seth.

There’s also speculation that April Fools’ Day was tied to the [vernal equinox](https://www.history.com/topics/vernal-spring-equinox), or first day of spring in the Northern Hemisphere, when Mother Nature fooled people with changing, unpredictable weather.

**History of April Fools' Day**

April Fools' Day spread throughout Britain during the 18th century. In Scotland, the tradition became a two-day event, starting with “hunting the gowk,” in which people were sent on phony errands (gowk is a word for cuckoo bird, a symbol for fool) and followed by Tailie Day, which involved pranks played on people's derrieres, such as pinning fake tails or “kick me” signs on them.

***A colorful jester hat with bells

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**Historical prank** ……In January of 1749, [London newspapers advertised](https://londonist.com/london/history/london-s-most-ridiculous-riot) that in an upcoming show, a man would squeeze his entire body into a wine bottle and then sing while inside it. The ad promised that “during his stay in the bottle, any Person may handle it, and see plainly that it does not exceed a common Tavern Bottle.” The ad promised the show would feature other tricks as well, including communicating with the dead.

[Legend has it](http://hoaxes.org/archive/permalink/the_great_bottle_hoax_of_1749) that the ad was the result of a bet between the Duke of Portland and the Earl of Chesterfield. Reportedly, the duke bet that he could advertise something impossible and still “find fools enough in London to fill a playhouse and pay handsomely for the privilege of being there.” And apparently, he was right. The night of the show, every seat in the house was filled, but no performer ever showed up. Realizing they had been duped, the audience rioted.

***A picture containing text, person, vector graphics

Description automatically generatedFor those of you who don’t know we use an app called “Care friends “ . This app gives the staff “points” which equate to money for sharing job adverts and for doing extra shifts. Each month we put all staff who have worked ANY time over their availability into a random draw.***

***The winners of our staff “Thank you “draw that was drawn this month:***

***1)***

***2)***

***3)***

***They will receive 50 points which equates to £50.00***

***Congratulations, winners!!***

***A person holding a flower

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***St Georges day 24th April 2024 A red cross on a white background

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***Patron Saint of England***

**Saint George**



**Saint George is the patron saint of England. He's popularly identified with England and English ideals of honour, bravery and gallantry - but actually he wasn't English at all. Very little, if anything, is known about the real Saint George. Pope Gelasius said that George is one of the saints "whose names are rightly reverenced among us, but whose actions are known only to God."**

**Facts in brief**

**Everything about Saint George is dubious, so the information below should be taken as mythical rather than real.**

* **Born in Cappadocia, an area which is now in Turkey**
* **Lived in 3rd century AD**
* **His parents were Christian**
* **Later lived in Palestine**
* **Became a Roman soldier**
* **Protested against Rome's persecution of Christians**
* **Imprisoned and tortured, but stayed true to his faith**
* **Beheaded at Lydda in Palestine**
* **23rd April was named as Saint George's day in 1222**

**Patron saint**

**He is patron saint not only of England but also of Aragon, Catalonia, Georgia, Lithuania, Palestine, Portugal, Germany and Greece; and of Moscow, Istanbul, Genoa and Venice (second to Saint Mark). He's also patron saint of soldiers, archers, cavalry and chivalry, farmers and field workers, riders and saddlers, and he helps those suffering from leprosy, plague and syphilis. In recent years he has been adopted as patron saint of Scouts.**

**Some people have campaigned for Saint Alban to be the patron saint of England instead of George.**

***Recruitment in Social care***

***Social care continues with its struggle with recruitment of staff – with many companies now offering sponsorship to overseas workers to come and work in the sector.***

***For Kensey Care we are continuously recruiting due to the high demand for work and the need to be able to cover annual leave and sickness of staff.***

***We do try and keep disruption to a minimum with the rosters – but this does mean that we are more likely to need to change around visit times and use our contingency planning.***

***The company contingency planning is always around the needs of the clients for us and ensuring that in times of low staffing levels the clients who live alone and rely on care visits to access food, fluid and medication receive our priority visits.***

***If you are ever have any concerns around this please don’t hesitate to contact us and we can explain more in full how this works.***

A blue brick wall with a white circle and a white speech bubble with red text

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Welcome to the team Abigail Knight

Abigail has worked in care for another agency for sometime now and has now joined our team at Tavy Care.

I am sure that Abigails experience with be an asset to the team and I know everyone will make her feel very welcome !

A close-up of a flower

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Information and advice

Age UK Cornwall offers a free and confidential information and advice service for older people, their families and carers.

How to access the service

You can access our information and advice service in a number of ways.

By phone: 01872 266383

By email: gateway@ageuk.org.uk

**Opening times:**

Our information and advice team are available Monday to Thursday, 9am to 4pm and 9am - 3pm on Friday.

Alternatively, you may wish to call the national Age UK Advice Line (free phone) 0800 055 6112. Lines are open 8am-7pm, 365 days a year.

**Topics we cover: Our advisers are trained to help you on the following topics.**

* **Social care - such as finding a care home or getting some help at home, and how it's funded.**
* **Your income - including free benefits checks, help with applying for benefits and pension advice.**
* **Your home - information on staying warm at home, home adaptations and how to prevent falls.**
* A blue and white sign with a check mark

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**In addition here is a list of support and advice services that you can access**

[**Age UK**](https://www.ageuk.org.uk/)**– for older people, their families, friends and carers**

* Call 0800 678 1602
* Helpline open: every day of the year, 8am to 7pm

[**Independent Age**](https://www.independentage.org/)**– for older people, including advice about care, money and health**

* Call 0808 503 7945
* Helpline open: Monday to Friday, 8.30am to 6.30pm
* Email: [advice@independentage.org](mailto:advice@independentage.org)

[**The Silver Line**](https://www.thesilverline.org.uk/)**– for older people**

* Call 0800 4 70 80 90
* Helpline open: every day of the year, 24 hours a day

**Money and benefits**

[**Money Helper**](https://www.moneyhelper.org.uk/en)**– for advice about money and benefits**

* Call 0800 138 7777
* Helpline open: Monday to Friday, 8am to 6pm

[**Citizens Advice**](https://www.citizensadvice.org.uk/)**– for advice about money and benefits**

* Call 0800 144 8848
* Helpline open: Monday to Friday, 9am to 5pm
* Citizens Advice will not charge you to call its national phone service or helpline, however your service provider may do

**If you care for someone else**

[**Carers UK**](https://www.carersuk.org/)**– help and advice for carers**

* Call 0800 808 7777
* Helpline open: Monday to Friday, 9am to 6pm

**important PHONE NUMBERS**

**tAVY cARE OFFICE- 01822 616700**

**tAVYCARE OUT OF HOURS EMERGENCY NUMBER 01822 748080**

**tAVYSIDE HEALTH CENTRE 01822 613517**

**aBBEY SURGERY 01822 612247**

**gUNNISLAKE hEALTH CENTRE 01822 832641**

**sILVERLINE fREE AND CONFIDENTIAL HELPLINE OFFERING INFORMATION, FRIENDSHIP AND ADVICE TO OLDER PEOPLE**

**0800 4708090**

**cARE DIRECT pLUS 0345 1551007**

**If anyone else has something they would like to share with us**

**feel free to get in touch.**

***If you would like to send me anything via email, please do so on:*** [***janine@tavycare.co.uk***](mailto:janine@tavycare.co.uk)

***Or you can give it to your carers to pass on.***

***Feel free to ask our carers to help you if you wanted to put something together for our newsletters. They will be happy to help!***

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***A close-up of a pen

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